



## Important Information for Patients with Brugada Syndrome or Brugada ECG Pattern

1. Avoid all drugs listed below and appearing on the website: [www.brugadadrugs.org](http://www.brugadadrugs.org)
2. Treat a fever with acetaminophen (Tylenol)
3. Avoid big meals and excess alcohol
4. Report fainting/blackout spells/seizures
5. Carry a copy of your ECG in your wallet

### List of Drugs to be Avoided by Patients with Brugada Syndrome or Brugada ECG Pattern – reviewed November 2014

\*This list is **not** comprehensive. Please consult [www.brugadadrugs.org](http://www.brugadadrugs.org) for the most up to date information.

Patients with a **diagnosis of Brugada syndrome** OR who have a **type I ECG pattern** (appearing spontaneously on ECG or following a procainamide challenge) should review ALL new medications (prescription or over the counter) with their health care provider.

Drugs with <u>ABSOLUTE CONTRAINDICATION</u>	Drugs with <u>RELATIVE/THEORETICAL CONTRAINDICATION</u>	
PRESCRIPTION DRUGS	PRESCRIPTION DRUGS	
Acetylcholine Ajmaline ( <i>Gilurytmal</i> ) Amitriptyline ( <i>Elavil</i> ) Bupivacaine ( <i>Marcaine</i> ) Clomipramine ( <i>Anafranil</i> ) Desipramine ( <i>Pentofran</i> ) Ergonovine Lithium Loxapine ( <i>Cloxazepine</i> ) Flecainide ( <i>Tambocor</i> ) Nortriptyline ( <i>Pamelor</i> ) Oxcarbazepine ( <i>Trileptal</i> ) Pilsicainide ( <i>Sunrhythm</i> ) Procainamide ( <i>Pronestyl</i> ) Procaine ( <i>Novocain</i> ) Propafenone ( <i>Rythmol</i> ) Propofol ( <i>Diprivan</i> ) Trifluoperazine ( <i>Fluoperazine</i> )	Amiodarone ( <i>Cordarone</i> ) Carbamazepine ( <i>Tegretol</i> )** Cibenzoline ( <i>Cipralen</i> ) Cyamemazine ( <i>Cianatil</i> ) Disopyramide Dosulepine Doxepin Edrophonium ( <i>Enlon</i> ) Fluoxetine ( <i>Prozac</i> ) Fluvoxamine ( <i>Luvox</i> ) Imipramine Indapamide	Ketamine Lidocaine ( <i>Zylocaine</i> )*** Maprotiline Metoclopramide ( <i>Maxeran</i> ) Paroxetine ( <i>Paxil</i> ) Perphenazine Phenytoin ( <i>Dilantin</i> ) Propranolol Thioridazine Tramadol Verapamil
STREET DRUGS/OTHER SUBSTANCES	OVER-THE-COUNTER DRUGS	
Cocaine ( <i>blow, C, coke, crack, rock, snow</i> ) Alcohol	Dimenhydrinate ( <i>Gravol</i> ) Diphenhydramine ( <i>Benedryl</i> ) Terfenadine/Fexofenadine ( <i>Allegra</i> )	

\*\* Carbamazepine is structurally similar to oxcarbazepine, which is on the contraindicated list.

\*\*\* Lidocaine use for local anesthesia (i.e. by dentists) does appear to be safe when combined with adrenaline/epinephrine (i.e. xylocaine)

\*\*\*\* Not a Providence Health Care approved educational material

For more information, please consult [www.brugadadrugs.org](http://www.brugadadrugs.org)