

Indication for referral

To a Cardiologist/Internist:

- When healthcare provider needs further direction on how to medically manage the patient
- Advanced functional symptoms or signs of heart failure despite maximum medication therapy

To a Heart Function Clinic:

- o They have had recent or repeated admissions to hospital
- o Assessment of ASYMPTOMATIC left ventricular dysfunction
- Chronic heart failure management including lifestyle management skills and consideration for advanced therapies including defibrillator/cardiac resynchronization therapy
- o Heart Failure with persistent symptoms but not decompensated,
- o New diagnosis of heart failure and STABLE
- New diagnosis of heart failure and UNSTABLE
 - Post MI heart failure; hospitalization HF; worsening HF
- Patients experience long term benefits associated with referral to a *Heart Function Clinic's* as they offer inter-professional collaborative HF care, evidenced based medical therapy, ongoing close monitoring and individualized interventions tailored to the specific patients needs.
- Patients with NYHA I-III should be referred to a cardiac rehabilitation program