

## **REFERRAL GUIDELINES FOR ICD & CRT CONSIDERATION**



1 Tang A, et al. Canadian Cardiovascular Society/Canadian Heart Rhythm Society position paper on implantable cardioverter defibrillator use in Canada. Can J Cardiol 2005;21 (Suppl A):11A18A

2 Canadian Cardiovascular Society Consensus Conference Heart Failure Management 2006 CAN J Cardiol Vol 22 No1 January 2006

\* LVEF – Left Ventricular Ejection Fraction

\*\* For appropriate patients, EF of 31% to 35% will also be considered per CCS/CHRS Recommendations

Sept 2011: Adapted from Medtronic of Canada Ltd's Referral Guidelines for ICD and CRT Consideration

## SUDDEN CARDIAC DEATH (SCD) FACTS

- SCD is a leading cause of death in Canada, claiming 45 000 lives a year more than lung, colorectal, breast and prostate cancers combined <sup>1, 2</sup>
- Only 5% of SCD victims survive an out of hospital cardiac arrest<sup>3</sup> defibrillation within 6 minutes is critical with each additional minute of delay reducing the change of survival by 7-10%<sup>4</sup>
- Randomized clinical trials have not shown that antiarrhythmic drug therapy can effectively reduce mortality in heart failure patients<sup>5,6</sup>
- Within an ICD, over 95% of SCD victims survive<sup>7</sup>

- 1. Davis DR, Tang ASL. CMAJ. 2004;171(9):1037-1038
- 2. Heart and Stroke Foundation Statistics
- Myderberg R. Catellanos A. Cardiac Arrest and Sudden Cardiac Death. I: Braunwalk E, ed. Heart Disease: A Textbook of Cardiovascular Medicine. 5<sup>th</sup> Ed. New York:WB Saunders. 1997:742-779
- 4. Cummins RO. From concept to standard-of-care? Review of the clinical experience with automated external defibrillators. *Ann Emerg Med.* December 1989;18(12):1269-1275.
- Moss AJ. Zareba W, Hall WJ, et al; Multicenter Automatic Defibrillator Implantation Trial II Investigators. Prophylactic implantation of a defibrillator in patients with myocardial infarction and reduced ejection fraction. N Engl J Med. March 21, 2002;346(12):877-883.
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- 7. Simpson, Christopher S. Implantable cardioverter defibrillators work so why aren't we using them? In: CMAJJuly 3, 2007.177(1)